



Family Support Program

About the program

UnitingCare Community offers Family Support Programs around Queensland. Counselling is available for children and adults on a wide variety of issues that may impact families. We can help with parenting difficulties, child development, relationship breakdown, substance misuse, health, self-esteem, bullying, anger management, and grief and loss.

All families are different. The Family Support team will respect your rights, beliefs, values and culture. We will listen to, and act on your choices about your needs and goals. We will work together with you to achieve the best outcomes for your family.

Our services can help you with the following support:

- Case management
- Counselling
- Parenting workshops
- Workshops for parents and children
- Information sharing
- Referral to appropriate agencies
- Support to liaise with Government departments
- Community access support

The family support team can assist families and individuals to overcome barriers that are impacting on their wellbeing. **Please note** not all services are available in each area. Please contact your local UnitingCare Community Family Support Program to find out exactly which services are available in your area.

Accessing services

Referrals to the Family Support Program can be made by family members, friends, schools or community organisations or by a self-referral. The Family Support Program may be accessed by families with children and young people up to the age of 18 years old.

Cost

Most services provided by the Family Support Program are free (although some services may incur a small fee). If you wish, you can make a tax deductible donation at your local UnitingCare Community office to provide opportunities to further develop aspects of Family Support Program services provided to families.



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